

## Carers Support Centre Forum - June 2019 Meeting

**Date:** Tuesday 25 June 2019.

**Time:** 1.30pm-3pm.

**Venue:** Carers Support Centre, 24 George St, Croydon CR0 1PB.

### Attendees:

- 15 Forum members.
- Amy Deakin, Carers Information Service (Communications Officer).
- Beth Wood, Carers Information Service (Advice Worker/Health & Wellbeing Service Lead).
- Anna Warhurst, St Christopher's Hospice (Coach4Care Lead).

### Meeting agenda

1. Introduction, housekeeping and group agreement.
2. Updates - localities/Carers Week.
3. Recap on previous meeting.
4. Training & Wellbeing at the Carers Support Centre - Beth Wood.
5. Coach4Care carer/former carer buddy scheme - Anna Warhurst.
6. Concluding remarks.
7. Close.

**Date of next Forum:** 30 July 2019, 1.30pm-3pm